

# DHHR Services in Summers County

Summers County DHHR Office: 320 Summers Street, Suite A, Hinton, WV 25951 | 8:30 am to 5:00 pm - Monday through Friday

## Important DHHR services:

- Emergency Assistance
- Supplemental Nutrition Assistance Program (SNAP)
- Temporary Assistance for Needy Families (TANF)
- School Clothing Allowance
- Child Care
- Medicaid

For more information or to apply for these benefits, call the Summers County DHHR office at 304-466-2807 or visit <https://www.wvinroads.org/>. You can also call our toll-free Customer Service Hotline at 1-877-716-1212.

Neglect and/or abuse of a child or adult can be reported at 800-352-6513.

## Women's Infants and Children (WIC) Program office:

TSN WIC Program | Summers-Hinton | 312 Third Avenue, Hinton, WV 25951 | 304-466-5900

## Child support enforcement help:

If you need to provide a temporary mailing address, lost a BCSE debit card, or fear you will become unemployed, call your local child support office or 304-558-3780.

## Vital statistics information:

To replace a lost West Virginia birth, marriage or death certificate, please call 304-558-2931.

## Behavioral health assistance:

- West Virginia Behavioral Health Referral & Outreach Call Center: 1-844-HELP4WV
- Suicide Prevention Lifeline: 1-800-273-8255 (TALK)
- SAMHSA Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746

## Summers County health resource list:

Below is a list of resources for assistance with public health, healthcare, and behavioral health needs. You can also visit your local primary care provider for assistance.

Name	Address	Hours	Phone
<b>Summers County Health Department</b>	151 Pleasant Street Hinton, WV 25951	8:00-4:00 M-F	304-466-3388
<b>Summers County ARH Hospital</b> (Critical Access Hospital)	Terrace Street, PO Box 940 Hinton, WV 25951	24/7	304-466-1000
<b>Family Care Clinic</b> Stanley Day, MD	197 Pleasant Street (PO Box 179 in Hinton) Nimitz, WV 25978	9:00-5:00 M-F	304-466-2501
<b>Mountaineer Healthcare</b> Rubina Tasneem, Director	PO Box 940 Hinton, WV 25951	8:30-4:30 M-F	304-466-2933
<b>S.K. Shammaa, MD, Inc.</b>	63 Temple Street Hinton, WV 25951	8:30-4:30 M-F	304-466-1243
<b>Summers County ARH Hospital RHC</b> Chris Vaught	PO Box 940 Hinton, WV 25951	24/7 @ ER	304-466-2905
<b>FMRS Health Systems</b>	198 Pleasant St. Hinton, WV 25951	8:00-5:00 M-F	304-466-3899
<b>Hinton Health Right</b>	209 Temple Street Hinton, WV 25951	9:00-5:00 M only	304-929-2515



# Take steps to protect your health:

## **Be aware of the effects of exposure to mold during the clean up process.**

- Common reactions to mold are cough, congestion, runny nose, burning eyes, headaches, sneezing and sore throat.
- Children, pregnant women, older people and people with weakened immune systems may be more sensitive to mold than others.
- Signs of indoor mold growth include staining on surfaces, a musty odor, dark spots on or around vents, water stains and peeling or curling of vinyl floors or wallpaper.

## **Take mosquito bite precautions while conducting flood clean up.**

- Remove flood-water debris on and around your property.
- Empty or drain potted plant bases, tires, buckets or containers, and roof gutters.
- Drain any pooled rainwater or floodwater that may have collected in containers around your property.
- Be sure to wear insect repellent.
- Wear long sleeves and pants while conducting flood clean up.
- Dispose of potential mosquito breeding sites by emptying stagnant pools of water around your house and yard, if possible.

## **Never use generators and charcoal or gas grills inside your home, basements, garages, or other enclosed spaces due to the risk of carbon monoxide poisoning.**

- Residents should not operate these appliances near an open window or window air conditioner which may allow fumes to enter the home.
- The most common symptoms of CO poisoning are headache, dizziness, weakness, nausea, vomiting, chest pain, and altered mental status.

## **Use caution and be aware of the risk of chain saw injury during tree or debris removal.**

- Wear a hard hat, safety glasses, ear plugs, thick work gloves, chaps, and boots.
- Trees entangled in power lines must be deferred to the local power company.

## **Take precautions while beginning clean up to reduce injury and illness.**

- While working, keep hands away from mouth and face.
- Disinfect all wounds and dress them immediately.
- Wear protective clothing (rubber boots, rubber gloves and eye protection).
- Wash hands often using clean water and soap.

## **Check immunization status to ensure you are protected against tetanus.**

- Tetanus is preventable by making sure a person is up to date on their tetanus immunization.
- This is done by getting a tetanus booster every 10 years.
- For persons with a wound that has been exposed to flood water, the recommended interval between doses of tetanus-containing vaccine should be shortened from 10 years to 5 years.

## **Use caution when using food following power outages or after being exposed to flood waters.**

- All fresh fruits and vegetables, including home garden produce, should be destroyed.
- Foods such as cereals, bakery goods, dried fruits, flour, frozen foods, sugar, salt and similar foods in paper or plastic containers or wrapping should be destroyed.
- All meats, including fresh, dried, frozen and home canned should be destroyed.