

Early and Periodic, Screening, Diagnosis and Treatment



A Family Guide to Well Child Check-ups

*"If my child is not sick, should I still make a HealthCheck appointment?"* 

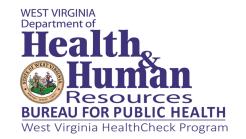


WV HealthCheck Program 350 Capitol Street, Room 427 Charleston WV 25301

1800-642-9704

### http://www.dhhr.wv.gov/healthcheck

Funded by the WV DHHR Bureau for Medical Services Administered by the Bureau for Public Health Office of Maternal, Child and Family Health



WVDHHR/BPH/OMCFH/HealthCheck 05-2017

There is no enrollment in HealthCheck. If a child is eligible for Medicaid and is under the age of 21, they automatically receive EPSDT HealthCheck services.

#### A HealthCheck Appointment Includes:

- Child and family medical history
- A head to toe physical exam
- Growth and developmental check
- Vision screen
- Hearing screen
- Oral health (dental) screen
- Appropriate immunizations (shots)
- Lab testing (including blood lead levels)
- Mental health and risk behavior check (safety, drugs, alcohol, tobacco, etc.)
- Health education for parents and teens
- Referral for other necessary health care if special problems are discovered during the HealthCheck appointment.

#### What is HealthCheck?

HealthCheck is the name for West Virginia's EPSDT Program. The Early and Periodic, Screening, Diagnosis and Treatment (EPSDT) Program is the child preventive health component of Medicaid.

HealthCheck promotes regular well child check-ups within a medical home. Regular check-ups can detect health problems early and in some cases, prevent health problems from occurring. Well child check-up appointments are important because they allow your medical provider to make sure your child is healthy and growing well, while giving you a chance to ask questions and discuss your concerns.

# HealthCheck Appointments are Recommended at These Ages:

- Newborn to 1 month
- 2 months
- 4 months
- 6 months
- 9 months
- 12 months
- 15 months
- 18 months
- 24 months
- 30 months
- Every year from ages 3 through 20

WV requires that children, starting school for the first time (either Pre-K or kindergarten), going into 2<sup>nd</sup> grade, 7<sup>th</sup> grade and 12<sup>th</sup> grade, must have an EPSDT HealthCheck appointment before starting school.

## What is a Medical Home?

A medical home is a team approach to providing total health care. Your child's medical home team may include his/her medical provider, others who support the health needs of your child, and most importantly...you.

In a medical home, you, and your child's team will work together to help you access, coordinate, and understand services that are important to the overall quality of your child's health. As an active member of the team, you will have a chance to explain the things that are really important to you and your child.

If your child has a special physical health care need a nurse and or social worker is available to support the care coordination of your child's medical home through the Children with Special Health Care Needs Program.