

William R. Sharpe, Jr. Hospital

Weston, WV

EMPLOYEE WELLNESS PROGRAM

William R. Sharpe Jr. Hospital offers a wide variety of health promotion benefits and activities. A yearly on-site, free or reduced fee health screen is available to staff and dependents, along with a health fair. Diabetes, weight management, and heart disease reversal programs are available thru State PEIA insurance, and free nicotine replacement therapy is optional to any interested staff. Life-style modification programs, with included health tools, are optional choices twice a year for staff.

A staff fitness room, and access to a full-sized basketball court, therapy pool, and walking trail are additional benefits. Each month, materials and/or speakers on various topics of individual and family interest (heart Health, gambling addiction, prostate disease, cancer, exercise) are offered during work time, and additional programs are available (Weight Watchers, Arthritis Aquatics) during non-work time.