

William R. Sharpe, Jr. Hospital

Weston, WV

Family Services

The Family Education Program is a division of Clinical Services at Sharpe Hospital. The program helps families to develop and enhance skills and knowledge that can assist them in helping a loved one recovering from mental illness.

The program goals are to:

- **Help families understand mental illness**
- **Increase communication between families, patients and staff**
- **Provide and link families to resources and education that best meet family needs**
- **Help families and staff identify specific family needs**
- **Help families ability to cope with mental illness**

Mental Illness is a Medical Illness

Like diabetes or cancer, mental illness is no one's "fault." It appears to be caused by certain environmental influences and by imbalances of chemicals in the brain. Stress, heredity, medical illnesses, and physical injury to the brain are also thought to be factors in causing mental disorders.

Problem areas addressed by the Family Education Program:

- **Self-Care**
- **Problem Solving**
- **Aggressive Behavior**
- **Loneliness**
- **Understanding Mental Illness**
- **Drug and Alcohol Abuse**
- **Medication Problems**
- **Lack of Goals**
- **Support Systems and many more.**

Feel free to schedule an appointment or stop by the Family Education office at Sharpe Hospital.

Call toll free 1-800-269-1210 Extension 335.

Hours*

Monday and Wednesday 8:00am - 4:00pm

Saturday 8:00am - 4:00pm

*** Additional times may be available due to special circumstances and request for assistance, by appointment.**