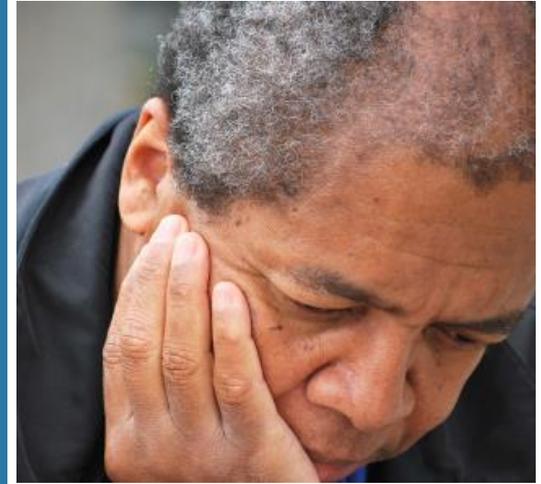


Ethical concepts and the core competencies necessary for a trauma informed peer practitioner

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This workshop provides a discussion of key ethical concepts of a peer as well as reviewing the core competencies necessary for a peer working in the behavioral health field delivering trauma informed care. These guidelines define peer roles in the realm of personal conduct and performance in service relationships with the clients, the peer roles as a community service provider and the peer roles as a member of a treatment team.



Core Competency

The fundamental knowledge, ability or expertise in the area of recovery that will allow the peer to reach a wide range of individuals



Ethical Concepts

The personal conduct and performance in service relationships with the clients. Principles that when followed, promote values such as trust, good behavior, fairness, and/or kindness.



Trauma Informed Peer Competencies

1. Client centered
2. Understand effects of trauma
3. Trauma Informed/Trauma Specific
4. Relationships between substance abuse/mental disorder/trauma
5. Interventions that lessen trauma indications and improve quality of life
6. Understand self care for peer to lessen Secondary Trauma Stress (STS)



Trauma Informed Peer Ethical Guidelines

1. Respect dignity of client
2. Responsible caring
3. Integrity in relationships
4. Responsibility to community/society
5. Clients rights, informed consent, confidentiality
6. Clearly defined goals
7. Informed about the recovery process
8. Level of recovery and functioning



STS Warning Signs for Supervisors of Peers

1. Peer's lack of awareness of boundaries
2. Peer's possessiveness of client
3. Peer is defensive of actions
4. Peer neglects self care
5. Peer ignores clearly defined roles
6. Peer relates personal trauma and its impact
7. Level of recovery and functioning are impacted



Resources:

For more information about Trauma Informed Care:

- SAMHSA
- [National Center for Trauma Informed Care](#)
- [National Council for Community Behavioral Healthcare](#)
- [Trauma Informed Care Network](#)
- [Trauma Responsive Systems Implementation Advisor](#)



Resources:

For more information about Trauma Specific Treatment :

- SAMHSA
- [National Center for Trauma Informed Care](#)
- [Models for Developing Trauma Informed Behavioral Health Systems and Trauma Specific Services](#)
- [The National Council for Community Behavioral Healthcare](#)



Thank you!



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