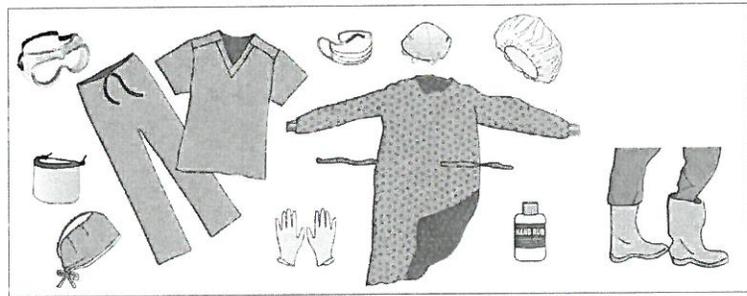


# Steps to put on personal protective equipment (PPE)

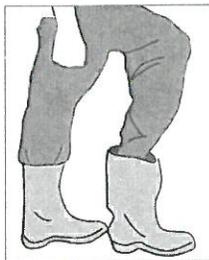
**1** Always put on essential required PPE when handling either a suspected, probable or confirmed case of viral haemorrhagic fever.

**2** The dressing and undressing of PPE should be supervised by another trained member of the team.

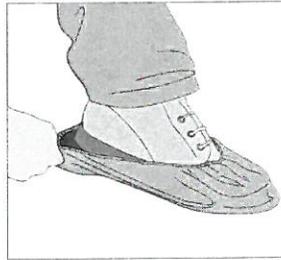
**3** Gather all the necessary items of PPE beforehand. Put on the scrub suit in the changing room.



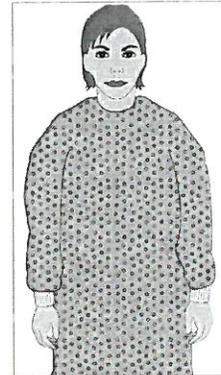
**4** Put on rubber boots. If not available, make sure you have closed, puncture and fluid resistant shoes and put on overshoes.



OR, IF BOOTS UNAVAILABLE



**5** Place the impermeable gown over the scrubs.

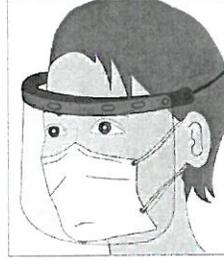


**6** Put on face protection:

**6a** Put on a medical mask.



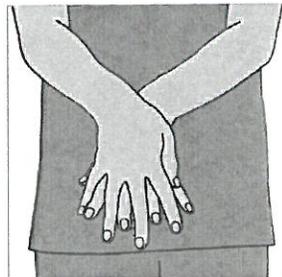
**6b** Put on goggles or a face shield.



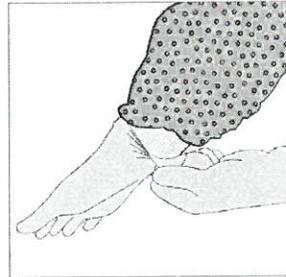
**7** If available, put a head cover on at this time.



**8** Perform hand hygiene.



**9** Put on gloves\* (over cuff).



**10** If an impermeable gown is not available, place waterproof apron over gown.



## While wearing PPE:

- Avoid touching or adjusting PPE
- Change gloves between patients
- Remove gloves if they become torn or damaged
- Perform hand hygiene before putting on new gloves

\* Use **double gloves** if any strenuous activity (e.g. carrying a patient or handling a dead body) or tasks in which contact with blood and body fluids are anticipated. Use **heavy duty/rubber gloves** for environmental cleaning and waste management.

# Steps to remove personal protective equipment (PPE)

- 1** Remove waterproof apron and dispose of safely. If the apron is to be reused, place it in a container with disinfectant.



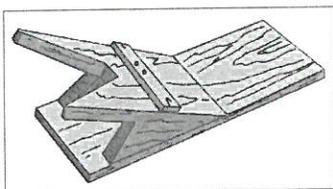
- 2** If wearing overshoes, remove them with your gloves still on (If wearing rubber boots, see step 4).



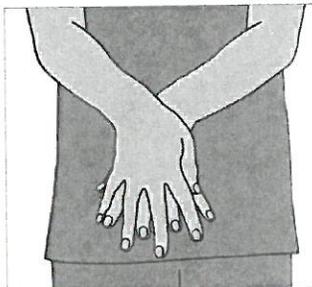
- 3** Remove gown and gloves and roll inside-out and dispose of safely.



- 4** If wearing rubber boots, remove them (ideally using the boot remover) without touching them with your hands. Place them in a container with disinfectant.



- 5** Perform hand hygiene.



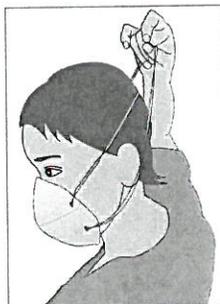
- 6** If wearing a head cover, remove it now (from behind the head).



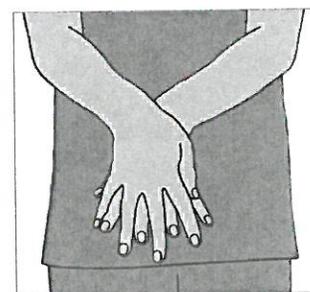
- 7** Remove face protection:  
**7a** Remove face shield or goggles (from behind the head). Place eye protection in a separate container for reprocessing.



- 7b** Remove mask from behind the head. When removing mask, untie the bottom string first and the top string next.



- 8** Perform hand hygiene.



Source: Modified from Clinical Management of Patients with Viral Haemorrhagic Fever: A pocket Guide for the Front-line Health Worker. World Health Organization, 2014