

72-Hour Kids' Survival Pack Guide

Kids can always create their own survival bag to assist with family preparedness. They should leave the important stuff (such as food, water and medicine) for the adults to gather up. **Kids know what THEY need to SURVIVE** 3 days and nights at home or a shelter **without** television or video games. The check-off list below can assist:

- ☐ **Spare pair of shoes.** Not your good tennis shoes or your dress shoes. Just an old pair of shoes that you don't wear often or a pair of shoes you were thinking about getting rid of anyway because you didn't like them.
- ☐ **Change of clothes.** Pack layers of clothes since emergencies can happen in all types of weather. You might pack a pair of jeans, a t-shirt, and a jacket. Don't forget the socks and underwear!
- ☐ **Books.** Pack a couple of books to read or maybe even a puzzle book or coloring book. Don't forget a pencil or crayons.
- ☐ **Notebook Paper & Pencil.** These can be used to journal your "adventure."
- ☐ **Deck of Cards.** Whether a regular deck of cards, UNO, Old Maid, etc., these will come in handy when you are bored without the television.
- ☐ **Board Games.** Board games are better than hand held video games, because they don't require batteries! So take the Monopoly, Clue or Checkers game and put it in your bag.
- ☐ **Flashlight.** After all, you can't play board games or read books if you can't see them.
- ☐ **Craft Project.** If you like needlepoint, crocheting, or another small craft project you can include this in your bag.
- ☐ **Radio.** Make sure it is battery powered and that you have batteries. Don't store the batteries in the radio. CD players can also be packed. **Don't forget to pack the headphones** as those around you may not want to listen to your music.
- ☐ **Batteries.** If you pack anything that requires batteries, pack double the batteries you will need.
- ☐ **Candy/Snack Foods.** Treats such as Skittles, Tootsie Rolls, and cereal bars make good snacks to pack. Make sure all candy/snack foods meet "Mom approval."
- ☐ **Toothbrush/Toothpaste.** Chances are that you are going to be in "close quarters" with other people. Try to keep your breath pleasant!
- ☐ **Cars/Trucks.** Small Matchbox cars and trucks make nice items to pack.
- ☐ **Stuffed Animal/Blanket.** If you have a blanket or a small stuffed animal that gives you comfort, pack it in the bag.

TEENAGE ADDITIONS:

☐ **Deodorant.** Respect others around you, whether you are home with family or at a shelter with strangers.

☐ **Makeup/Personal Items.** Makeup might not be an essential survival item, but it just might make you feel better.

☐ **Important Telephone Numbers.** Just like grown-ups, a teenager has important numbers too. Remember - cellular telephones operate on a battery. If you don't have the charger or power to plug it into, you air time will be limited!

NEVER pack valuable items (such as jewelry) or large amounts of money in your bag. If you leave your home to go to a shelter, you could be staying with a large number of people who are strangers to you.

For more information, check out the [Family Supply List](#) on FEMA's Ready site.