

Chronic diseases are the leading causes of death and disability in West Virginia

2015 Progress Highlights

Diabetes Task Force

To expand the number of diabetes prevention and self-management education programs, the Division of Health Promotion and Chronic Disease (HPCD) and partners formed the Diabetes Task Force comprised of representatives from the West Virginia Bureau for Public Health, universities, health centers, health plan providers, and more.

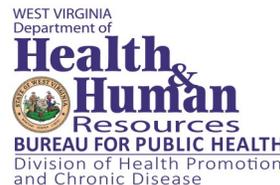
HPCD Synergy Partnership

HPCD is working to improve hypertension, diabetes and prediabetes outcomes using clinical data for quality improvement to identify and manage at-risk patients. The project provides technical assistance and quality-improvement tools to health care providers, strengthens referrals to self-management programs and engages pharmacists and worksites as members of team-based care.



Our Partners

- West Virginia Department of Education
- West Virginia University, Office of Health Sciences Research
- West Virginia University, School of Pharmacy, Wigner Institute
- Wellness Council of West Virginia
- West Virginia Academy of Family Physicians
- Greenbrier Health Alliance
- Family Resource Networks (Mineral, Boone, Kanawha, Putnam)
- Mid-Ohio Valley Health Alliance
- Mountains of Hope Cancer Coalition
- Healthy Kids and Families Coalition
- West Virginia University, Center for Excellence in Disabilities
- West Virginia Community Development HUB
- KEYS for Healthy Kids
- West Virginia Arthritis Foundation
- West Virginia Juvenile Diabetes Research Foundation
- West Virginia Development Office



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West Virginia Department of Health and Human Resources
Bureau for Public Health

Division of Health Promotion and Chronic Disease



2015 Snapshot

Combating Chronic Disease in West Virginia

Accomplishments

- Garnered national recognition by collaborating on a call to action asking physicians to use the human papillomavirus vaccine to prevent cancers.
- Provided care kits to youth presenting with asthma at emergency departments.
- Partnered with the West Virginia Department of Education to provide standing orders, education, peak flow meters, and spacers to all K–12 students with asthma.
- Sponsored chronic disease management camps for diabetes and asthma, educating 215 youth.
- Provided technical assistance and resources to communities in addressing physical activity and nutrition projects.
- Facilitated a meeting of national and state partners to prevent type 2 diabetes. These partners form the Diabetes Task Force.



- Managed the physical activity and nutrition section of the State Cancer Plan.
- Delivered community capacity-building training to *Try This!* community helpers.
- Arranged the 2015 Colorectal Cancer Summit where West Virginia Governor Earl Ray Tomblin was first in the nation to sign the pledge to help eliminate colorectal cancer by raising the number screened to 80% by 2018.
- Received additional funding to expand the assessment and implementation of physical activity and nutrition standards in childcare centers.
- Connected clinical and community initiatives for hypertension, diabetes and prediabetes prevention.
- Linked efforts to sustain and connect healthy initiatives at the state-level.

2015 by the Numbers

Communities

- **Every \$1 invested in communities was matched by nearly \$3, increasing the impact of each project.**
- **114** communities were enhanced through mini-grants.
- **26,496 employees** in worksites adopted strategies to increase physical activity and nutrition.

Health Systems

- **102,139** patients with high blood pressure are in adherence to medication regimens.



- **58,106** patients with high blood pressure have a self-management plan.
- **93,082** patients with high blood pressure have achieved control.
- **111,057** patients in health care systems that encourage team-based care.
- **26** counties with certified Diabetes Self-Management Education (DSME) programs.
- **217** Medicaid recipients with diabetes who have DSME as a covered benefit.

Schools and Early Education

- **10** state-level physical education policies were developed and adopted.
- **289,706** youth attend schools and early care education sites with improved nutritional standards.
- **83,145** youth attend schools and early care education sites with improved physical activity environments.
- **100%** of the State's local education agencies adopted and implemented policies that establish standards for foods available during the school day.