

# Physician Management Guidelines for Patients of Valley Pain Management

## Phone Triage

### When patients call in about testing:

1. When patients call in for an appointment, explain that counseling and testing is recommended for patients who had a procedure (needle under the skin) at Valley Pain Management before October 31, 2013. QUESTIONS TO ASK:
  - a. Did the patient have an injection (needle under the skin) or procedure (cut or incision in the skin) at Valley Pain Management?
  - b. Did they have the injection at any time at that location prior to October 31, 2013?
2. If NO TO EITHER OR BOTH QUESTIONS: Patients do not meet those criteria, reassure them that the public notification does not apply to them. Offer them resources to get their questions answered:
  - a. Website: [www.dide.wv.gov](http://www.dide.wv.gov)
  - b. Hotline: (800) 642-8244
  - c. Other locally available resources to counsel about hepatitis or HIV risk
3. If YES TO BOTH QUESTIONS, recommend that the patient come in for counseling and testing. Patients can also make an appointment for counseling and testing at the local health department. To find numbers for counseling and testing sites, visit: [www.dide.wv.gov](http://www.dide.wv.gov) or call (800) 642-8244 for West Virginia residents. Pennsylvania residents can call 877-PA HEALTH (877-724-3258). Ohio residents can call (844) 593-5184.

## Patient Initial Visit for Counseling and Testing

### When patients arrive for counseling and testing:

1. Give patients a copy of the FAQ.
2. Offer them information about hepatitis B, hepatitis C and HIV.
3. Share with them what we know about the risk from the clinic procedures (See FAQ):
  - a. Procedures where there is known to be a small risk:
    - i. Epidural injections
    - ii. Selective nerve blocks
    - iii. Adhesiolysis
    - iv. Some facet injections
    - v. Some SI joint injections
  - b. Procedures where risk is unknown. The risk may be low or there may be no risk.
    - i. peripheral joint injection
    - ii. trigger point injection

- iii. peripheral nerve block
- iv. radiofrequency ablation
- v. spinal cord stimulation
- c. Patients may not know what procedure they had. In that case, the risk is unknown. There also may be other procedures not on the list above. The risk with those procedures is unknown.
- 4. Explain the purpose of testing: to detect silent infections with hepatitis B, hepatitis C or HIV so that patients can get counseling and/or treatment. A positive test in a Valley Pain Management patient does not mean that the infection came from Valley Pain Management.
- 5. Offer testing. If patients accept testing, order:
  - a. Hepatitis B surface antigen
  - b. Hepatitis C antibody
  - c. Human immunodeficiency virus (HIV)

### Patient Return Visit for Laboratory Results

#### When a patient returns for negative results:

1. Explain that no evidence of infection with hepatitis B, hepatitis C or HIV was detected.
2. Answer any questions and reiterate the resources available if they have further questions:
  - a. [www.dide.wv.gov](http://www.dide.wv.gov)
  - b. Hotline: (800) 642-8244
  - c. Other locally available resources to counsel about hepatitis or HIV risk

#### When a patient returns for any positive result:

1. Report positive results to the local health department in the county that the patient resides.
2. Explain the results to the patient.
3. Explain how the disease(s) can be transmitted and offer information about the disease(s). Explain how to prevent transmission to others. Links to patient information sheets are found below.
4. Perform confirmatory testing, if indicated. A positive hepatitis C antibody should be confirmed with an HCV RNA test.
5. Evaluate for possible treatment. Links to treatment resources are found below.
6. Answer any questions and reiterate the resources available if they have further questions:
  - a. [www.dide.wv.gov](http://www.dide.wv.gov)
  - b. Hotline: (800) 642-8244
  - c. Other locally available resources to counsel about hepatitis or HIV risk

#### Hepatitis B Information for Patients:

(WVDHHR): [http://www.dhhr.wv.gov/oeps/disease/AtoZ/Documents/hep\\_B\\_FAQ\\_Public.pdf](http://www.dhhr.wv.gov/oeps/disease/AtoZ/Documents/hep_B_FAQ_Public.pdf)

(CDC): <http://www.cdc.gov/HEPATITIS/B/index.htm>

#### Hepatitis C Information for Patients:

(WVDHHR): [http://www.dhhr.wv.gov/oeps/disease/AtoZ/Documents/hep\\_c\\_faq\\_public.pdf](http://www.dhhr.wv.gov/oeps/disease/AtoZ/Documents/hep_c_faq_public.pdf)

(CDC): <http://www.cdc.gov/hepatitis/C/index.htm>

**HIV Information for Patients:**

(WVDHHR): [http://www.dhhr.wv.gov/oeps/std-hiv-hep/HIV\\_AIDS/Pages/HIVAIDSInformation.aspx](http://www.dhhr.wv.gov/oeps/std-hiv-hep/HIV_AIDS/Pages/HIVAIDSInformation.aspx)

(CDC): <http://www.cdc.gov/hiv/>

**American Association for the Study of Liver Diseases Guidelines:**

<http://www.aasld.org/practiceguidelines/pages/default.aspx>

**HIV/AIDS Guidelines (Centers for Disease Control and Prevention):**

<http://www.cdc.gov/hiv/guidelines/>

**AIDSInfo Clinical Guidelines:**

<http://aidsinfo.nih.gov/guidelines>