

Instructions for Monitoring and Follow Up of Returned Travelers

All travelers departing from Ebola impacted countries will arrive in the United States via one of the five designated international US airport ports of entry, JFK (New York City, NY), Newark Liberty (NJ), Atlanta Hartsfield Jackson (GA), Dulles (VA), and O'Hare (Chicago, IL). Travelers identified by CDC will be provided with a "CARE" (Check and Report Ebola") kit which contains:

- Fact sheet and instructions to self-monitor for signs and symptoms twice daily
- Thermometer and temperature/symptoms log
- Contact sheet with the 24/7 phone numbers of WVBPH with instructions to contact WVBPH with questions, concerns, or to report becoming symptomatic

WVBPH will be notified by CDC of key information for any travelers who have travel plans continuing to West Virginia. Once WVBPH is notified that a traveler from an affected country plans to arrive in WV, WVBPH will contact the LHD of the traveler's final destination and provide the traveler's name, contact information, and instructions for monitoring.

Returned travelers who are public health, healthcare, or other aid/relief workers returning from a work-related assignment in an Ebola affected area may be monitored by their respective employer (e.g. CDC, NIOSH, etc.) in coordination with DIDE. The employer will be responsible for reporting results of active monitoring weekly to the WVBPH.

For all other returned travelers, monitoring will be conducted by the LHD.

- Make initial contact with traveler(s) to establish rapport. Ensure the traveler understands the monitoring process.
- Interview traveler(s) using "Returned Traveler Active Surveillance Form"
(<http://www.dhhr.wv.gov/oeps/disease/zoonosis/other/ebola/documents/ebola-traveller-surveillance.pdf>)
- Using completed form, assess risk category and determine required monitoring level accordingly. (Contact DIDE for assistance)
- Clearly explain any work or school or travel restrictions if applicable
- Ensure he/she has a working thermometer and understands how to take their temperature, and set a schedule for follow-up with the traveler.
 - Active Monitoring includes making contact with the traveler(s) once daily by phone, e-mail or in-person to check on health status.
 - Direct Active Monitoring includes making contact with the traveler(s) twice daily. Once of the two contacts must be in person to directly observe the individual. The other daily contact may be conducted by phone, e-mail or in-person to check on health status.
- Complete temperature/symptom log for entire 21 day monitoring period
- Updates must be sent to DIDE weekly on Monday morning at 11 AM
 - Immediately notify DIDE if traveler develops a fever or other symptoms consistent with Ebola. DIDE will work with the LHD, local hospital and Office of Laboratory Services to support medical evaluation of the traveler(s)
 - Immediately notify DIDE if a traveler is lost to follow up or expresses the intention to evade surveillance
- Upon completion of the 21 day monitoring period, forward all temperature and symptoms logs to DIDE